

## What is Coronary Heart Disease?

Coronary heart disease (CHD) is characterized by a narrowing of the coronary arteries that feed the heart. Like any muscle, the heart needs a constant supply of oxygen and nutrients to work efficiently. The coronary arteries feed the heart with the oxygen and nutrient-rich blood it needs to pump best. When the coronary arteries become clogged or narrowed, not enough blood is supplied to the heart, causing it to work harder than it normally would.



*This resource provides brief, general information about this health care topic. It does not take the place of the instructions you receive from your health care providers. Discuss the risks and benefits of therapies with your doctor and always take medication as prescribed. For answers to other questions talk to your health care provider.*

**For more information or a referral, please call the NewYork-Presbyterian Hospital Preventive Cardiology Program at (212) 305-4866 or visit our website at:**

**<http://www.hearthealthtimes.com>.**



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