

### ¿Qué causa un ataque cardiaco?

- Un ataque cardiaco 'clásico' se presenta cuando un coágulo de sangre obstruye una arteria coronaria que lleva sangre al músculo del corazón.
- Un coágulo se adhiere a la placa acumulada.
- El coágulo de sangre generalmente se forma en el lugar de la pared interna de la arteria coronaria donde la placa se rompe.

*This resource provides brief, general information about this health care topic. It does not take the place of the instructions you receive from your health care providers. Discuss the risks and benefits of therapies with your doctor and always take medication as prescribed. For answers to other questions talk to your health care provider.*

**For more information or a referral, please call the NewYork-Presbyterian Hospital Preventive Cardiology Program at (212) 305-4866 or visit our website at:**

**<http://www.hearthealthtimes.com>.**

